

The image shows a modern residential building with multiple floors. Each floor has a balcony with a red railing, and the balconies are covered with lush green plants and flowers. The building is surrounded by a courtyard with a paved path, trees, and shrubs. A man in a blue shirt and jeans is walking a white dog on the path. The sky is clear and blue.

optima[®]

SONORAN VILLAGE

LIFESTYLE PROGRAM AND ONSITE SERVICES



ONSITE SERVICES

Discover personalized amenities and services designed to enhance your lifestyle. Take advantage of convenient services by your Optima Sonoran Village® team, as well as through our partnership with Elevated Living. Additionally, you'll have access to complimentary fitness classes and personal training. With package delivery services and easy access to an array of businesses onsite, you can add more time back into your day.



Home Services



Pet Services



Health & Wellness



Resident Services



Package & Moving Services



HOME SERVICES

House Cleaning

Your home is your own private space. Our team is comprised of only the best, most experienced, and responsible talent to keep it spotless.

- Move-in/move-out cleaning
- Regular and deep cleaning
- Add-on cleaning options include ovens, inside fridge, cabinets, and laundry

Handyman Services

Our trusted and experienced handymen provide best-in-class services for those additional items beyond a service request.

- Furniture assembly
- Painting
- Drywall repair
- Closet organizer installation
- Shelf, artwork, and photo hanging
- Moving and/or packing assistance
- TV mounting and relevant wiring

Smart Home Services

Our experts will set up your home with the latest technology to streamline your life.

- Smart lighting
- Smart power outlets
- Smart blinds
- Home theater
- Surveillance systems
- Voice-controlled virtual assistant
- Smart home entertainment system

Services Provided by: **ELEVATED**
L I V I N G





PET SERVICES

Pet Meet & Greet

We know how much you love your pet. That's why our offering is filled with love and affection. Our entire pet care team provides only the best for your furry friend. To ensure that you feel confident leaving your pet with us, we offer in-person or virtual meet & greets with your dog walker or pet sitter.

Dog Walking

We offer GPS tracking, live chat features, report cards, comments after each visit, and pictures.

- Standard dog walk
- Deluxe dog walk with a visit to the dog park

Dog Grooming

Our groomers come to your building to make grooming your pups easy!

- Basic bath time
- Bath & cut
- Nail trimming

Pet Visits

Our visits from loving pet sitters will ensure your pet feels loved and adored.

- Overnight Stays
- Two hour puppy visit
- Cat Sitting

Services Provided by: **ELEVATED**
L I V I N G

HEALTH & WELLNESS

Personal Training

Our certified and insured personal trainers come to our Optima Sonoran Village® gym at your desired day & time. Train privately or with a friend to exceed your fitness goals. We include a complimentary fitness assessment prior to getting started.

- Private training
- Group training (2-on-1, train with a friend or neighbor)

Virtual Coaching

Get customized workouts at your fingertips. Meet with a certified trainer for an assessment and they will build a customized plan to best fit your needs. Receive new workouts and tips monthly via email.

Massage Therapy

Our licensed massage therapists will set up in your home or the onsite massage room. We provide a treatment table, linens, and oils by request.

- Swedish massage
- Deep tissue massage
- Sports massage
- Prenatal and postnatal massage
- Thai massage
- Medical massage



Physical Therapy

Our physical therapists offer on & off-site services for pre and post-hab, continuing rehab, injury prevention, and recovery.

- Subscription plans
- Dry needling
- Graston
- Contract/relax
- Blood flow restriction
- Manual therapy
- McKenzie method

Nutrition Counseling

Our registered dietitian will provide a customized plan to achieve your health goals.

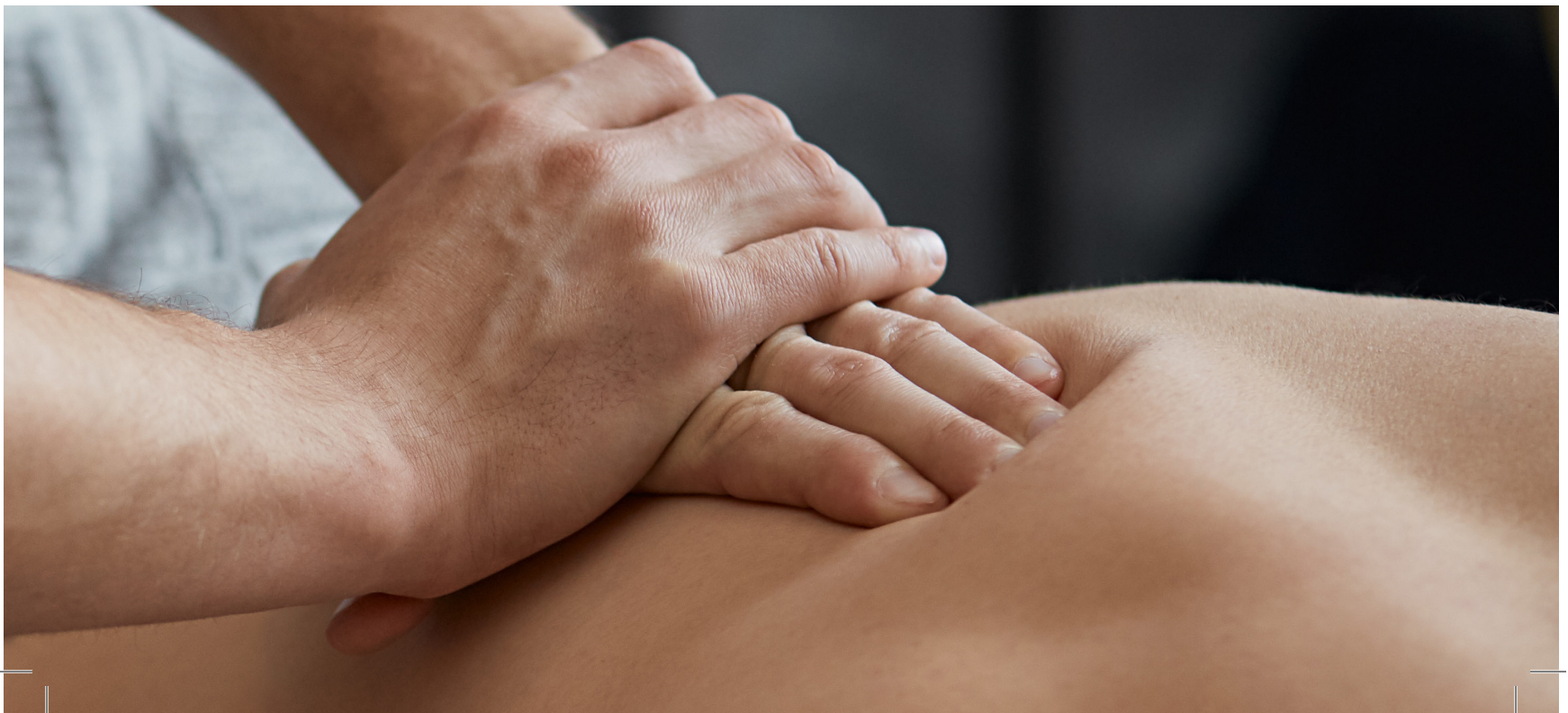
- Nutrition counseling (in-person and virtual)
- Refrigerator clean-out
- Guided grocery shopping

Healthy Meal Delivery

Our meals are made from the freshest ingredients and delivered straight to you. Choose your own meals and a delivery date that works best for you (Wednesdays or Sundays).

- Single orders
- Subscription plans

Services Provided by: **ELEVATED**
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RESIDENT SERVICES

Virtual Concierge

Virtual Concierge service provides an array of complimentary personalized services with the click of a button through the Optima Sonoran Village® mobile app. You can contact the concierge by phone, email or text. A few examples of the types of services provided:

- Airline/Private Air Reservations
- Airport/ Ground Transportation Arrangements
- Automobile Rental Reservations
- Theater and Entertainment Information
- Restaurant Information & Reservations
- Spa & Salon Reservations
- Shopping Information
- Tour Information & Reservations
- Ordering Floral Arrangements
- Overnight Delivery Services

Onsite Resident Services Team

Optima Sonoran Village®'s onsite resident services team is responsible for providing you with an unparalleled living experience at Optima Sonoran Village®. The team is at your service so please reach out.

- Event programming
- Service request follow-up
- Resident assistance & feedback

Onsite Maintenance Team

Our onsite team of maintenance professionals is available for any service request that comes up.

- Filter changes
- Landscaping maintenance
- Lightbulb changes



PACKAGE & MOVING SERVICES

Moving & Removal

Let us do the heavy lifting for you! Our team will pack your belongings, safely load them into a moving truck, and unload the items into your new home.

- Packing services
- Moving services
- EcoBox rental
- Decluttering
- Item removal

Services Provided by: **ELEVATED**
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Package Delivery Service

Through our onsite package delivery team, we will deliver your packages into your home.

- In-home package delivery





optimasonoranvillage.com | 480.990.7400 | osvleasing@optima.inc



